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Seattle Native Circle newsletter

ADDRESSING THE NEED TO HELP RAISE THE PROFILE OF THE VIBRANT AND INTERESTING THINGS TAKING PLACE WITHIN THE LOCAL NATIVE COMMUNITY



The following is an excerpt from a presentation made by Ken Gordon and Jim Thomas at the Annual Potlatch Fund Gala held on Saturday November 21, 2009.

Potlatch Fund's Mission is to Inspire the Native Tradition of Giving and to Expand Philanthropy in Northwest Indian Country. We achieve this Mission by:

- a. the provision of capacity building programs throughout the Northwest and on request throughout the country
- b. Educating foundations about Indian Country and connecting foundations with Native applicants, and
- c. our own small grants program.

We work with Native groups and Tribes so that they know about Foundations, we work with Foundations so that they know about Indian Country and we grease the skids through our own small donations.

We have a very small footprint with five part and full time staff but we have a very loud bark. Our impact gets felt right across the Northwest with our focus on Washington, Montana, Idaho and Oregon. At tonight's gala we have been joined from representatives from those four States and also by people from Minnesota, Alaska, Florida, Oklahoma, California, Colorado and from

New Mexico. In total we have over 400 guests present tonight.

We know that you are here because you are a supporter of Indian Country. By coming here tonight you are making a statement that you support the development of Indian Country and you support our efforts to help Native peoples across the Northwest.

There is no doubt that we have just come through the toughest fundraising environment that this country has seen, maybe since the great depression. Someone once said that what doesn't kill you makes you stronger, and Potlatch Fund is definitely a stronger organization this year.

Because of the economy we have cut our costs and at the same time we have improved our services and expanded our grantmaking. This year we are on track to donate over \$200,000 back to Indian Country. Most importantly despite the loss of funding, and even with the expanded grant program, we are anticipating once again breaking even this year.

Some members of the Board used to think that the small grants that we give out had little impact. However, earlier this year we had the honor of being given a tour at the Squaxin Island Museum. Charlene Krise told us about a small grant that we had given to the Museum, which enabled an artist to buy materials which were used to produce prints. Half of the prints were retained by the artists and were sold at the Tribe's casino. The artist made a good profit and was able to continue his art on a sustainable basis.

continued pg 5, PLF



URBAN INDIAN HISTORICAL PORTRAITS

Frank Mt. Pleasant
Born: July 1884 (Tuscarora, New York) - 1937
Ancestry: Tuscarora

Frank Mt. Pleasant was one of the greatest athletes of the 20th century.

Separated from his parents, Chief John (aka Frank Senior) and Rachael Mt. Pleasant, Frank was sent to attend Indian Boarding Schools at a young age. He eventually landed at Carlisle Indian School (1905-1909) Pennsylvania, where he competed as both a

continued pg 2, FRANK

WELCOMING NATIVE BABIES



By Shelley Means, NAWDIM
Co-coordinator

Imagine tables full of gifts, hot pork roast and frybread dinner, lots of American Indian and Alaska Native little ones, and some radiant grandmothers, aunts, dads and partners: that was the picture at NAWDIM's recent community-wide baby shower.

The Native American Women's Dialog on Infant Mortality (NAWDIM) coordinated the event to honor our newest generation of babies born to the American Indian and Alaska Native community. NAWDIM first met in December 1999 out of concern about the high rate of infant mortality in our community, and has met monthly since then to learn the causes, and to take direct action. The Native community experiences higher rates of chronic stress, isolation from social support, and sudden infant death syndrome (SIDS) than any other group in King County.

Traditional infant cradleboards became the group's first direct outreach to the urban Indian community more than six years ago. "One cradleboard class at a time," says Leah Henry-Tanner, NAWDIM's original coordinator, "We began teaching women how the traditional cradleboard offers the safest possible sleep position for new babies: on their back." Talking circles during the class offer supportive, safe conversations about motherhood and our hopes for the next generations. As the classes evolved, NAWDIM also began offering information to reduce the risk of SIDS.

The November event was co-hosted by NAWDIM and the Chief Seattle Club, with funding from the City of Seattle Neighborhood Matching Grant program. Several of the new mothers who came to the baby shower had, earlier in the

year, made traditional infant cradleboards at NAWDIM classes held at the Seattle Indian Health Board.

The beautiful autumn day drew nearly forty people to the baby shower. Chief Seattle Club chef, Lee Holifield, and his staff prepared a wonderful, nutritious meal and Board member, Laurie Ahern welcomed all who came. Joan Staples, from the Tahoma Indian Center, opened the event with a prayer for our future generations. Many generous volunteers and supporters brought gifts and desserts, helped serve food, and distributed gifts to the guests of honor: new moms, pregnant moms and grandmas. Raven Heavy Runner offered storytelling to families who came.

The baby shower was made possible with help – gift items, funding, volunteers -- from many individuals, and such groups as the American Indian Women's Service League, Seattle Indian Health Board, Urban Indian Health Institute, Potlatch Fund, Tahoma Indian Center, United Indians of All Tribes, Red Eagle Soaring, the Holy Eagle Feather Kateri Circle and Brown Sugar Babies.



Several of NAWDIM's founders were at the baby shower, including LaVerne Wise, Claudia Kauffman, and Emma Medicine White Crow. Iris Friday, from AIWSL and one of the founding mothers of NAWDIM said the shower was, "a very worthwhile event. I brought my niece who is a young teenage mother and she was very thankful for the much needed gift items...every item that she received will be put to good use."

NAWDIM meets the third Tuesday of each month at the Urban Indian Health Institute. Email NAWDIM@gmail.com to receive emails about NAWDIM activities and meeting announcements.

FROM THE SEATTLE NATIVE CIRCLE FAMILY TO YOU AND YOURS:
SEASONS GREETINGS
MERRY CHRISTMAS AND A HAPPY NEW YEAR

FRANK

long jumper on the track team and as the quarterback on the greatest football team of his generation, the 1907 Carlisle team. His teammates included two future NFL Hall of Famers, Jim Thorpe and Joe Gunyon. Despite being a second team All-American, he never played professional football, as the NFL did not come into existence until 1920. It is said that Frank invented the spiral pass.

During college, Mt. Pleasant tried out for the Olympics and became the first Carlisle student to qualify making both the 1904 and 1908 U.S. Olympic track teams.

At the 1908 Olympics in London, Frank finished sixth in both the triple jump and the long jump competitions. This basically ended his track & field career, leaving him with career bests of 23-2¼ for the long jump and 45-10 for the triple jump.

Upon his return home, Frank Mt. Pleasant became the first Native American to graduate from Dickinson College. For three years thereafter, Mt. Pleasant

coached football at the Indiana Normal School. His last two teams won state championships.

Frank's coaching career was cut short by World War I, where he served his country as a First Lieutenant.

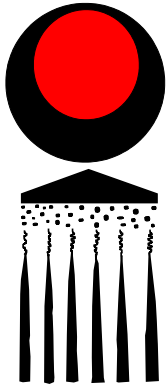
After the war, Frank settled in Buffalo, NY, near his ancestral home and worked odd jobs throughout the remainder of his life. He enjoyed playing the piano.

Several Hall of Fames inducted Frank Mt. Pleasant, including; the Indiana Normal School, Dickinson College and the American Indian Athletic Hall of Fame. Chapman University in Southern California named a library after Frank Mt. Pleasant and provided the photo.

His death is a mystery. In 1937, policemen found him unconscious on a Buffalo sidewalk. His obituary states that he sustained "a fractured skull, possibly by violence." – Submitted by M. Taylor

SEATTLE INDIAN HEALTH BOARD

The Seattle Indian Health Board (SIHB) is a state licensed and nationally accredited non-profit, multi-service community health center serving Puget Sound since 1970. The mission of the Seattle Indian Health Board is to assist American Indians and Alaska Natives in achieving the highest possible physical, mental, social and spiritual well being through the provision of culturally-appropriate services, and to advocate for Indian people, especially the most vulnerable members of our community. SIHB programs and services are available to anyone in the greater Seattle/King County area; however, SIHB is a Native organization targeting American Indian and Alaska Native people as our primary service population and is committed to the integration of traditional and western approaches to healing by providing culturally-appropriate choices for health care.



Clinic Services

General Practice Dental Clinic, Mental Health, Domestic Violence, Traditional Health Liaison, WIC and Nutrition, Diabetes/CVD, Pharmacy and Lab, Outpatient Chemical Dependency Treatment, and the Thunderbird Residential Chemical Dependency Treatment Center (located in South Seattle).

Research & Training

Family Medicine Residency Program, Student Externships, Community Diabetes Initiative, the Urban Indian Health Institute (the Urban Indian Epidemiology Center, the National Urban Indian Data Collection Center), and Community-Based Research Collaboratives.

Community Services

Outreach and Education, Youth Services, Elder Activities, Native American Week events, Health Screenings, Health Fairs and the Urban Indian Statewide Tobacco Program.

Affiliations

SIHB has established affiliations with Swedish/Providence Medical Centers, Children's Hospital and Medical Center, University of Washington, University of Colorado, and Oregon Health Sciences University. While SIHB's mission is to assist and serve American Indians and Alaska Natives, partnering or networking with these affiliates furthers the Health Board's goal to provide culturally-appropriate services of the highest quality.

Annual Events

American Indian Week - held the last week in September and observing the last Friday in September as American Indian Day holiday. The clinic holds weeklong events honoring Native tribes and heritages.

Halloween Health Fair - The Halloween Health Fair is held on October 31st unless the 31st falls on a weekend, then the Health Fair is held on the Friday before. Health Board departments and outside vendors promoting healthy lifestyles provide information tables throughout the day to provide information and materials to visitors and to hand out treats to children in costume. There are also prize drawing, games, kids crafts and costume contests all day.

SpiritWalk - a major fundraising event held at the Seattle Center, raises thousands of dollars annually to benefit American Indian and Alaska Native educational, health, social and recreational programs and services in Washington. Participants walk individually or form walk teams with their families, friends,

or co-workers. In addition to walking, the event hosts Native entertainment, free giveaways, prizes for participants, and celebrity and guest speakers. Money raised is received from donations, pledges, and gifts from the community and corporate sponsors, and all proceeds support American Indian and Alaska Native programs promoting healthy lifestyles. National Urban Indian Health Fair - The annual National Urban Indian Health Conference brings together Native and non-Native health care providers and professionals and local government, education, health, and social services representatives from across the nation. The two-day conference held during the summer provides workshops facilitated by qualified speakers who provide training and encourage the exchange of methods and practices to approach health issues faced by Urban Indian people. In doing so, the conference strengthens the network of providers nationwide dedicated to serving Native communities.

For more information on the Seattle Indian Health Board, call (206) 324-9360 or visit our website at www.sihb.org. You may also email info@sihb.org.

Indian Art Mart
at the DAYBREAK STAR INDIAN CULTURAL CENTER

Nov. 8, 15, 22, 29 & Dec. 20 | 10am to 4pm

United Indians of All Tribes Foundation announces the return of the Indian Art Mart to Daybreak Star Indian Cultural Center.

Native American vendors will be featuring hand-made arts, crafts, jewelry and other items. Salmon meals will be available for \$12.

The Indian Art Mart exists to support local Native American Artists. In addition, it serves as a benefit for the United Indians of All Tribes Foundation Elder's Program, which provides nutrition and care to Native American elders living in the greater Seattle Metropolitan Area.

Come seek out perfect gifts, enjoy the Daybreak Star permanent art collection and a breathtaking view of Puget Sound—all while supporting a worthy cause.

On-site parking is available. In addition the Daybreak Star Indian Art Center can be reached by Metro Bus #33.

A Free Event

UNITED INDIANS OF ALL TRIBES FOUNDATION | Those who wish to donate directly to the Elders Program may do so at: www.unitedindians.org

Contact: Judy Anderson 206-228-1410

PLEASE JOIN US FOR LUNCH AND ACTIVITIES:

Lunch served from 11:30 am - 1:00 pm
at 9010 13th Ave. NW Seattle, WA 98117

Come meet and spend quality time with fellow Native Elders Bingo every Wednesday
Planning and Outings on Fridays Shopping Trips

Enjoy Native American Vendors and Salmon Bake Art Mart: December 20, 2009
at Daybreak Star 10:00 am. to 4:00 p.m.

Transportation is available with designated pickup locations in:
Leschi Northgate Ballard

For details please call Judy Anderson at (206) 228-1410

Medicine Wheel Society (MWS) &
The Native Faculty and Staff Association
(NAFSUW)

Present
Red Market
December 10, 2009



Ethnic Cultural Center -API Room
(3931 Brooklyn Ave NE, Seattle, Washington 98105)

10:00 a.m. – 2:00 p.m.

Support local Native American Artist
Food & Refreshments

Get some holiday shopping done!

For More information contact:

Mona Halcomb, at 206-616-3646, mhal7@uw.edu

Raffle drawings!!!

Duwamish Longhouse Film Event

Dec. 12, 09 - 7pm

A film by Sandy and Yasu Osawa
with a discussion after the film
with the filmmakers

Princess Angeline

Princess Angeline, daughter of Chief Seattle, is seen on many postcards & toward the end of her life, she lived alone, refusing to leave her homeland. What historical events led up to her being one of the few Duwamish people left in the city by the 1890's, only 35 years after the peace treaties? This video explores the story of their unrecognized tribal status primarily through the life of Princess Angeline.

This film was funded in part by 

Duwamish Longhouse & Cultural Ctr.
4705 W. Marginal Way SW, Seattle
(206) 369-7204 duwamishtribe.org



\$10 donation accepted



Duwamish Longhouse

&

Cultural Center

◆Presents◆

Native Holiday Gift Fair

*Duwamish artisans & other native craft
people*

Plus additional fine crafts

December 5th & 6th

11AM to 5PM

Native entertainment

&

Holiday Baked Goodies

Duwamish Longhouse

&

Cultural Center

4705 West Marginal Way SW
Seattle WA 98106



Artist reception for Joanne Patrino

Please Join us for an Artist's Reception on
December 3rd from 6:00 - 9:00 pm at the Duwamish
Longhouse and Cultural Center

Duwamish Narrative

Contemporary Voices of
the Duwamish Tribe

A photo-documentary by Joanne Petrino

This documentary series by Joanne Petrino about the Duwamish Tribe combines fine art images with individual narratives of Tribal members that are rooted in history, but tell more about what is going on with the Tribe today. The photographs and stories together provide an intimate look at very current issues: preservation of culture, Native identity, carrying on the traditions of art and performance, the revival of the canoe journey and also the ongoing effort to be formally recognized as a tribe by the U.S. Government. Joanne has been photographing and interviewing members of the tribe for the last two years creating a present day archive of the Duwamish Tribe, also to lend visibility and invite participation as they celebrate the opening of the new Longhouse and Cultural Center. For more information about the Tribe and Longhouse events visit: www.duwamishtribe.org

This project was supported by:

Duwamish Tribal Services

BILL SPEIDEL'S UNDERGROUND TOUR



PLF

The other half of the prints were retained by the Museum. They sold these prints as a fundraiser for the Museum and to also bankroll the next artist that they supported. Our small \$5,000 grant has therefore led to several artists getting a great start, ongoing fundraising for the Museum and an improved understanding of art and culture within the Squaxin Island and wider community. Not bad for \$5,000 eh.

And of course we see this kind of gain being replicated time and time again across our communities.

Our capacity building work is designed to bring Indian Country to the fundraising table. However, it is our work with funders that means that the table is set and that Indian Country can feel genuinely welcomed and appreciated. We work very closely with Philanthropy Northwest and with Grantmakers of Oregon and Southwest Washington to educate them about the needs and issues that we see everyday. This is having an impact. Both of these organizations have been running formal briefings for their members about Indian Country and both are now researching their members to find out how much money is going to fund Native programs and projects.

Economists argue whether it is better to have demand side or supply side policies. At Potlatch Fund we think we need both. On the demand side we educate Indians about how they can better position their organizations to raise money. On the supply side we work to make funders more receptive to the work that is being undertaken.

Of course what we want to achieve is stronger, healthier and more respon-

sive communities. We are very clear that money alone can not and will not achieve this. But we are also very clear that money can help, and money that is given well and spent well can help an awful lot.

In the region that we work in Native non-profits and Tribes are raising more money from foundations than anywhere else in the country.

Potlatch Fund would like to claim some small measure of this success. Our program tonight honors individuals that have also made a difference. It honors philanthropists – both large and small that have gone above and beyond the call of duty to make a positive impact in Indian Country. We will also honor the leaders who take the resources that are given to them and make a huge impact.

There is no doubt that Indian Country is surrounded by significant need, and significant success. Tonight we honor both the needs and the successes. We also feel tonight a sense of urgency as our leaders are passing away too quickly. We will honor some of the leaders who have passed away this year as a reminder that the time to act is now.

We want to acknowledge and thank everyone here tonight. We could not do what we do without your help. You provide us with essential community feedback. You provide the ideas and issues that keep us fresh and relevant. You provide the acknowledgment that keeps our morale high. You help to keep us honest and connected. Lastly you provide the support that enables us to keep our doors open and allows us to make our grants to Indian Country.

Thank you very much

PLEASE CONSIDER SPONSORING A YOUTH HOME RESIDENT THIS CHRISTMAS!

Our annual corporate sponsors for resident gifts this year has been cancelled. Friends and Staff of United Indians has stepped up to the plate and began a recruitment for sponsors to assist in donating gifts to the residents. Many Staff have adopted a youth for Christmas. We currently have 12 young men and 10 young women. If you cannot sponsor a resident you might just want to donate some generic things: linens and comforters for twin beds, pillows, personal items such as razor blades, cologne, deodorant, shampoo, socks, underwear, movie passes, bus passes or gift cards. We have also had many requests on their wish lists for Ipods and MP3 players, but anything will be appreciated. For additional information please contact the Youth Home at (206) 781-8303 or Chrissy Harris at (206) 285-4425 ext. 1020.

The United Indians of All Tribes Youth Home program is designed to meet the needs of Native American and other disadvantaged youth between the ages of 18 to 24 years who are homeless.

An approach that combines Native American culture and values with educational, medical and social services is used to facilitate healing and positive change.

The 18-month program designed to facilitate a transition from homeless to independent living. Youth may apply through agencies or self-referral. Our youth advocate will assist each resident with achieving desired goals. Each resident is assisted with school enrollment and career counselling to obtain employment. Other programs include Youthbuild programs scheduled for early January 2010! Youth will be paid a training allowance to learn on-the-job construction skills at various low-housing sites. Youthbuild is a partnership with Youth Care/Orion Center.



**Duwamish Longhouse
&**

**Cultural Center
4705 West marginal Way SW
Seattle WA 98106
Ph 206-431-1582**

**Email james@duwamishlonghouse.org
dts@gwestoffice.net**

December Events On Going

**Museum
“We Are Still Here”**

We welcome you to share the living culture of Seattle’s first people in our Salish cedar Longhouse and museum. Public and school tours provide an introduction to Chief Seattle’s Duwamish Tribe.