

Finding Food Security in an Urban Environment

A Native Community Workshop

Saturday, March 16th

10:00 AM—2:00 PM

Chief Seattle Club

410 2nd Avenue, Seattle

We will discuss together:

- Do you know where your food comes from?
- Do you think your family's food is nutritious and keeping your bodies healthy?
- How can we be true to our Indigenous ways and function well in today's society?
- What are some ways to be healthy and stay within our food budgets?

Storytelling, lunch, FREE. Call or email to register, limited space.

In partnership with Community Alliance for Global Justice.

Tierra Madre Fund

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Ya-howt: Indigenous Leaders for a Sustainable World

